



## Junior Activity Requirements 2010

<b>ATTENTION</b>	Junior Activities Directors, Youth Directors, Age Managers
Date of Circular	20 <sup>th</sup> April 2010
Emailed to	Club Junior Directors – DSLSC, MBSLSC, GPSLSC, WDSLSC, BMSLSC
SLSNT Contact	Julie Snelling – Academy Manager

<p><b>Summary of this circular</b></p> <p>All junior members are required to complete a <b>Preliminary Skill Evaluation</b> to prove competency before undertaking any water based activities at club level.</p> <p>All junior members who wish to compete in water events in competition (board, swim) are required to complete a <b>Competition Skill Evaluation</b> (timed open water swim) before being eligible to compete in any interclub or championship carnival.</p>	<p><b>Action required</b></p> <ul style="list-style-type: none"> <li>○ Use the attached guidelines to assess junior members for their <b>Preliminary Skill Evaluations</b> and their <b>Competition Skill Evaluations</b>.</li> </ul>
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Safety and risk management are an integral part of all Surf Life Saving competitions and activities at club, Territory and national levels. For Junior Activities members (Nippers) it is vitally important the club assesses a demonstration of their swimming and self survival skills. Initially this is done through a **Preliminary Skill Evaluation** at a swimming pool.

Following a successful **Preliminary Skill Evaluation** clubs should progressively introduce Junior Activities members to the water-based surf sports defined in the SLSA Surf Sports Manual 33<sup>rd</sup> Edition. For board and swim events courses may initially be shorter than those shown in the Manual but the club's program of training and activities should encourage members to successfully and confidently complete the distances indicated for their age group.

Before Junior Activities members can compete in water events at interclub or championship competitions the **Competition Skill Evaluation** must be completed. This evaluation provides a reasonable level of assurance that the member's swimming, self survival and competition skills are commensurate with the distances set for their age group Board Race or Surf Race (or board/swim legs of a relay).

For any further information please contact Julie Snelling, Academy Manager during business hours on 8985 6588, or 0417 171015 after hours.



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## PRELIMINARY SKILL EVALUATION

(Pool Swim)

The Preliminary Skill Evaluation is:

- an important risk management procedure
- an assessment of a member's swimming and self-survival skills
- a reasonable level of assurance for Age Managers that the member can swim to safety if required.
- completed before members participate in any water-based activities at the beach
- a pre-requisite for the Competition Skill Evaluation

It is strongly recommended that the Preliminary Skill Evaluation is done in a swimming pool for accuracy of swim distances. Supervision by water safety personnel (1:5), as per SLSA Water Safety Policy, is essential.

*If a member cannot complete the Preliminary Skill Evaluation for their age group, the member should be encouraged to participate in swimming lessons or training but must be covered by a higher level of supervision, 1:1 ratio, and remain in shallow water until deemed competent.*

### **Surf Guard entry of Preliminary Skill Evaluation**

It is important for clubs to implement the normal SLSA assessment procedure through SurfGuard for each Preliminary Skill Evaluation:

- Log onto Surf Guard
- Scroll over Assessments and click on "New Assessment Request"
- Assessment type-'Award'
- Go to 'Award Type'-click on 'other'
- Award- find Junior Preliminary Skill Evaluation
- Fill in contact details
- Compile a list of names by using list of names and arrows
- When the list is completed, click on the "save" at the bottom of the box
- Document location is empty-click on 'ok'
- Click on "assessment request list"
- Click on "submit"
- Click on "Form 14" and print out a copy
- Have the form 14 signed by a qualified person and send to SLSNT
- A hard copy of the Form 14 for Junior Preliminary Skill Evaluations must be kept on file at your club for 12 months.

For those participants who cannot successfully complete the Preliminary Skill Evaluation at the time of assessment, they can fulfil that requirement at any time during the season but must be assessed by a qualified person as listed in this circular.



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## COMPETITION SKILL EVALUATION

(Timed open water swim)

The Competition Skill Evaluation is:

- An important risk management procedure.
- Usually completed during the season when club activities have provided sufficient practice and skill development in age-relevant completion events.
- Required for entry into water-based events at junior interclub and championship competitions. The member must have completed the Preliminary Skills Evaluation.
- A reasonable level of assurance that a member's swimming, self survival and competition skills are applicable to the distances set for their age group in Board Race or Surf Race (or board/swim legs of a relay) as described in the SLSA Surf Sports Manual (33<sup>rd</sup> Edition).

Supervision by water safety personnel (1:5), as per SLSA Water Safety Policy, is essential.

### **Surf Guard entry of Preliminary Skill Evaluation**

It is important for clubs to implement the normal SLSA assessment procedure through SurfGuard for each Competition Skill Evaluation:

- Log onto Surf Guard
- Scroll over Assessments and click on "New Assessment Request"
- Assessment type-Award
- Go to 'Award Type' and click on 'Other'.
- Award- Junior Competition Skill Evaluation
- Fill in contact details and other notes if required
- Compile a list of names by using list of names and arrows
- When the list is completed, click on the "save" at the bottom of the box
- Document location is empty-click on 'ok'
- Click on "assessment request list"
- Click on "submit"
- Click on "Form 14" and print out a copy
- Have the Form 14 signed by a qualified person and send it into SLSNT



## Junior Activity Requirements 2010

Age Group	Preliminary Skill Evaluation	Competition Skill Evaluation	NT Cap Colour
Under 6	<i>Not applicable</i>	<i>Ineligible to compete</i>	
Under 7	<i>Not applicable</i>	<i>Ineligible to compete</i>	
Under 8	25 metre swim in a pool (any stroke) & 1 minute survival float	Not required (Compete in Wade Race Only)	
Under 9	25 metre swim in a pool (any stroke) & 1 minute survival float	Minimum 200m open water swim (competition course) in less than 12 minutes	
Under 10	25 metre swim in a pool (freestyle) & 1½ minute survival float	Minimum 200m open water swim (competition course) in less than 11 minutes	
Under 11	50 metre swim in a pool (freestyle) & 2 minute survival float	Minimum 250m open water swim (competition course) in less than 10 minutes	
Under 12	100 metre swim in a pool (freestyle) & 2 minute survival float	Minimum 250m open water swim (competition course) in less than 9 minutes	
Under 13	150 metre swim in a pool (freestyle) & 3 minute survival float	Minimum 250m open water swim (competition course) in less than 9 minutes	
Under 14	200 metre swim in a pool (freestyle) & 3 minute survival float	Minimum 250m open water swim (competition course) in less than 8 minutes	
Accredited ASSESSOR	<i>Accredited Age Manager or Level 1 Coach or Level 1 Official or Training Officer (SRC/Bronze) or Assessor (SRC/Bronze)</i>		