



Development Coach

The Development Coach course has been created to provide coaches with the knowledge and skills to effectively plan and deliver discipline specific coaching sessions with a particular focus on **skill development**. The Development Coach is an entry point as well as being the second stage of the Surf Life Saving Australian coaching pathway.

Course Information

Course Format:	<ul style="list-style-type: none">• Online: ASC General Coaching Principles course• Online: Introduction to surf coach theory• Practical: 1 day workshop and assessment
Target Participants:	Any Surf Life Saving member who are interested in entering the coaching pathway, nippers parents, parents of athletes and current/ex competitors
Course Eligibility:	<ul style="list-style-type: none">• 16 years +• Working with children check• SLSA membership• Water based disciplines require proficient bronze medallion

Modules covered

1. ASC General Coaching Principles
2. Introduction to surf sports coaching
3. Understanding your athletes
4. Developing your athletes skills
5. Developing your athletes physical capacities
6. Managing your surf coaching program

Accreditation Timeframe:

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Outcomes

At the completion of this course coaches will be able to:

1. Understand the role, legal obligations and ethical responsibilities of a Development Coach operating in a discipline environment
2. Identify risks associated with discipline specific coaching activities and identify relevant risk reduction strategies.
3. Prepare a discipline specific Surf Sports monthly coaching plan and individual session plans suitable for participants in the Learn / Participate phase of development.
4. Select coaching methods and activities appropriate to participants' (in the Learn / Participate phase of development) physical technical, tactical and psychological needs and characteristics.
5. Safely conduct discipline specific Surf Sports coaching sessions, (with participants in the Learn / Participate phase of development) which develop participants' physical technical, tactical and psychological skills.
6. Utilise a range of communication skills and behaviour management strategies to help participants develop discipline specific skills and tactics.
7. Develop strategies to build effective working relationships with parents, Surf Sports Officials and Club / Event Administrators.
8. Review coaching programs and plans; and own performance and identify improvement strategies.

For all course bookings please contact your state centre.